

Daniel Beaver, MS. M.F.T.
Author, Speaker, Therapist

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“There is no other program like this one!”

Great relationships require a skill set that is developed and can't simply be learned from family, friends or television. Chemistry alone cannot insulate lovers from the challenges that can drag relationships down. Successful love stories require a process - a unique and dynamic recipe for everlasting love. The key is knowing how to create the right recipe for each relationship.

Why risk what is or what could be a great relationship with trial and error on your own when there is someone here willing to teach you how to overcome the challenges, pitfalls and issues that prevent you from achieving the relationship intimacy you need to be happy?

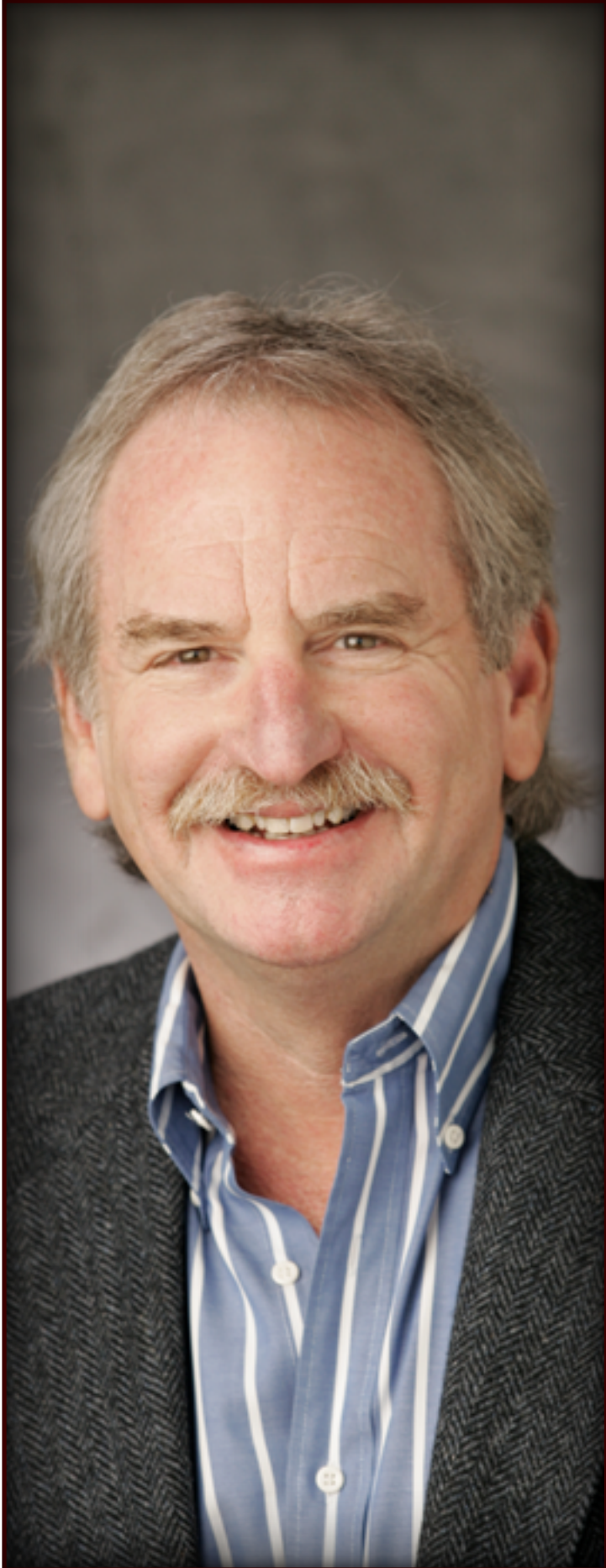
Come listen to Dan Beaver. Dan is truly a pioneer in sex and relationship therapy. Dan educates men and women about the emotional intelligence required to sustain fulfilling long- term relationships, marriages and intimate connections. His wisdom comes from **over 30 years of professional experience in marriage and family therapy.** Dan has literally helped thousands of people as a licensed psychotherapist, college and university professor and the author of three phenomenal books.

Now you don't have to make an appointment to sit on his couch or even read his books. Just come have a seat and listen to a seminar. Those who attend the first always choose to attend the next two seminars.

Dan's three-part seminar series is given to the public on a limited basis. At each event, Dan teaches practical skills for couples at any stage in their relationships. Each seminar is packed with key information to help you navigate your unique challenges in order to achieve the great relationship you desire. The three seminars are designed to build your foundational knowledge one block at a time, quickly and efficiently. After taking in just a few hours of engaging insights from Dan, you will be vastly better equipped to work smarter at building a more intimate relationship.

There is no other program like this one in America.

As you review the following seminar descriptions keep in mind that Dan has been delivering these three basic seminars to schools, church events and couples therapy groups for over twenty years. They are insightful, humorous, efficient and informative.



Biography

A licensed Marriage and Family Therapist, Dan started his private practice in 1973 in Walnut Creek, California, and continues providing individual and couples therapy today. He co-founded the Relationship Counseling Center of Walnut Creek in 1974.

Dan is currently an instructor at Los Medanos College, Pittsburg, California where he teaches Psychology of Human Sexuality. He has also been a faculty member at J.F.K. University, CSU East Bay, and Diablo Valley College in Pleasant Hill, California.

Dan is also a popular speaker and presenter for education, business, and community groups.

The author of three books, *Creating the Intimate Connection*, *More Than Just Sex*, and *Love Yourself*, which was just published last year.

Dan holds an M.S. in Counseling Psychology from California State University, East Bay and a B.A. in Psychology from University of California, Berkeley. He received specialized training in Masters and Johnson-style sex therapy, and has practiced as a sex therapist for over thirty years.

Speaking Programs

Seminar One:

Fall in Love Again with Your First Love: Yourself!™

Working out your self-esteem muscles can begin your path to love. If you can't fall and stay in love with yourself why would anyone else? Many people seek and rely on another to boost their self-esteem. Others feel no value unless they receive external validation from a romantic partner.

The Challenge: Without self-love no amount of affection from another can ease the insecurities that romantic love triggers.

The Truth: Life gives you what you think you're worth. One may expect a fairy tale ending but unrealistic expectations compounded with low self-worth results in frustration instead of happiness. How you feel about yourself: truly, madly, deeply determines destiny, especially in your romantic life. Self-love is a potent antidote to destructive relationship patterns and choices. Self-love is simply a high regard for oneself independent of other people's opinions.

Let Dan teach you how to develop this vital foundation to any true love story.

In this engaging seminar learn how to:

- ♥ Be an adult in a relationship by first being able to take care of yourself emotionally and financially
- ♥ Communicate with yourself in a loving manner
- ♥ Set psychological boundaries within yourself and another person
- ♥ Honor and respect your feelings and that of someone else
- ♥ Rewrite the identity and beliefs that others have written for you
- ♥ Remove the fear of rejection that is ruling your personal life
- ♥ Break free of the "perfection trap" of should and should nots
- ♥ Develop an internal antidote against addictive and co-dependant relationships



Speaking Programs

Seminar Two:

Returning Intimacy to Your Relationship™

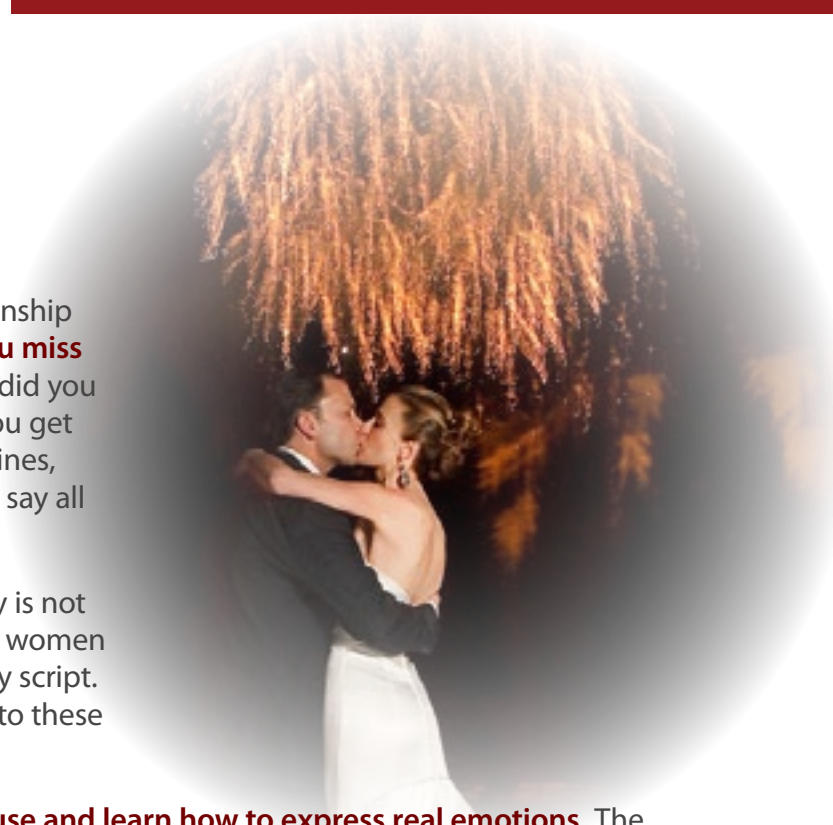
People want an intimate and lasting romantic relationship but few know how to make this wish a reality. **Do you miss the person you fell in love with? Be honest.** Where did you learn your idea of what a marriage should be? Did you get it from fairy tales, television, romance novels, magazines, friends, or advertising? Most people would probably say all of the above.

The marriage fantasy is just that – a fantasy! Reality is not the same. It may sound funny but it's true that many women and men today still enter marriage based on a Disney script. Approximately 50 percent of divorces can be traced to these fantastical notions.

Breakout of the preconditioned roles of good spouse and learn how to express real emotions. The lifeblood of any strong marriage requires the ability to send and receive intimate communication. Without the skills to resolve conflict, intimacy is blocked, unfinished business builds, and breakdown occurs. Dan will help you understand the common relationship patterns of a marriage fantasy and how to move towards a healthy marriage reality. Living the marriage fantasy often creates destructive patterns instead of marital intimacy. To return intimacy to your relationship, you need to break free of stereotypes and create a real relationship with each other.

Get your lover back. **Dan will help you by:**

- ♥ Presenting a straightforward interactive workshop with teaching exercises that model how committed couples keep their love life alive, intimate, and gratifying
- ♥ Teaching you how to make every night a date night through intimate listening and developing your "third ear"
- ♥ Cultivating contracts for harmony through effective conflict resolution
- ♥ Learning to love the differences and preventing resentment
- ♥ Showing how to express and deal with vulnerability in order to achieve real intimacy



Speaking Programs

Seminar Three:

Sex for Pleasure and Deeper Intimacy™

Sex and relationship theory is more than just applying what Kinsey or Masters and Johnson wrote about. Sex and intimacy are more than learning technique. The last time there was a national conversation about sex it was Dr. Ruth instead of Dr. Phil on the airwaves. In the last 20 years, John Gray taught about Mars and Venus but everyday men and women live on Earth. John Bradshaw focused on healing the past before it overshadowed one's relationships but what about healing today's problems? Barbara De Angelis presented a female point-of-view.

Now, Dan Beaver offers a man's perspective. Enriching a couple's love life requires cultivating an emotional aphrodisiac: the honest vulnerability, communication, and connection that fuels physical intimacy.

Dan Beaver proclaims that everyone has a right to a satisfying physical relationship. His **three decades** of experience as a sex therapist give him tremendous insight for couples. In his private practice Dan tells couples that sex does not have to be boring or unexciting. Dan explores key psychological concepts and attitudes to enhance the level of sexual pleasure both emotionally and physically.

In this seminar Dan covers:

- ♥ How the **meat and potatoes** sexual menu can be explored in-depth with a new approach to radical intimacy in a sexual encounter
- ♥ Intimate secrets, concepts, and lessons for couples of all ages and stages
- ♥ Sex for pleasure and deeper intimacy
- ♥ Sex like a second honeymoon for the first time: how often is normal, whole body sex, resurrecting passion
- ♥ Sex for pleasure not babies
- ♥ The causes of common sexual difficulties and their remedies





Testimonials

♥ Your points are right on and you deliver these heavy subjects with such humor and humility. I really enjoyed it.

Sherry Glueck, The Nurture Company

♥ About 30 seconds into your talk I began to nod my head. This guy is talking about my life! I thought. And then looking around I saw many others shaking their heads as well.

♥ Your knowledge of your subject is right on target! And you deserve high marks for your ability to put forth your ideas: excellent audience rapport

Amy Hawes Adult Education Coordinator



♥ You were a big hit- your relaxed, low key manner in dealing with an intense subject was just what we needed.

Chori Santiago/ American Cancer Society Conference

♥ What a great conference; What a great job of reaching out and touching so many so well. Dan, you truly were a gift to us all with your humor, your encouragement and insights.

Clayton Cobb/ Pastor Lafayette Orinda Presbyterian Church



♥ Those who attended the convention already know-and the rest of you may have heard that Daniel Beaver stole the show with his seminar to the general session.

Donald Wheeler/ General Business Services

♥ Wow! What a fantastic evening ! I know I speak for everyone there when I tell you how much we enjoyed your presentation. The situations you discussed really hit home; your solutions gave us all some fresh approaches to try.

Claire Drozd



Publications

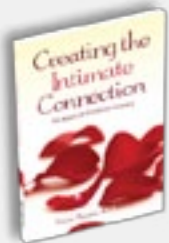


Love Yourself: The First Step to a Successful Relationship

Many of us have heard the phrase, "You have to love yourself before you can love someone else." If you ask someone what it means to love yourself, all you get are one-word, usually vague answers. In a very real, direct, down-to-earth manner, Love Yourself teaches you to learn the attitudes and behaviors that make self-love a reality.

Love Yourself is a guide to developing the skills necessary to increasing your ability to have a successful intimate relationship, including:

- ♥ Learning how to set better psychological boundaries in life
- ♥ Improving your self-esteem
- ♥ Communicating with yourself like you would a lover
- ♥ Handling your anger in a constructive manner



Creating the Intimate Connection: The Basics to Emotional Intimacy

Early in his career, Dan Beaver discovered that people were never taught how to develop an intimate relationship. We are taught how to read, how to write, drive, play sports, and use a computer. But nowhere in our society are we taught how to develop or maintain an intimate relationship. Most of us learned from TV shows. Some generations were taught by Ozzie and Harriet Nelson or Ward and June Cleaver. Other generations learned from their favorite soap operas, or maybe The Waltons, Cliff and Clair Huxtable, Roseanne, Friends, or 7th Heaven. We now have Desperate Housewives, The O.C. , and a multitude of reality shows. Almost everyone learns something about intimacy from their parents, but few had the luxury of learning good skills. Most of us have not.

In working with thousands of couples over the past 34 years, Dan heard a common theme from almost everyone: upon committing to a lifelong relationship (marriage, etc.) they were totally unprepared for knowing how to develop and maintain an intimate relationship that lasts a lifetime. Because of his desire to help people, Dan developed a process that enables everyone to create the relationship of their dreams. He delivers information that addresses a major need and fulfills our desire for details on how to have greater fulfillment in an intimate relationship. His passion is to help people; his style is powerful, straightforward, warm, and engaging.

"Nowhere were we ever taught to be good partners; there were no classes in marriage. The only models we had were our parents or family shows on television" - Contra Costa Times



More than Just Sex: A Committed Couple's Guide to Keeping Relationships Lively, Intimate & Gratifying

In More than Just Sex, Dan teaches couples how to turn "meat and potatoes" sex into a gourmet feast. He provides couples with an essential guide to navigating through difficult cultural and sexual conditioning, leading to more satisfying sexual relationships.

"There is so much misinformation floating around in this culture when it comes to sexuality, and it creates a lot of hang ups for a lot of people. I want to raise your awareness about this subject and all the myths and misconceptions" - Contra Costa Times



Booking Inquiries

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